

2. A method for use by a pregnant woman for identifying the premature rupture of a membrane during pregnancy, the method comprising the sequential steps of:

forming an article for wearing substantially adjacent the crotch of the pregnant woman;

applying to said article a pH-sensitive material capable of responding by way of a visible change to the presence of a fluid with a pH in the range of amniotic fluid, said pH-sensitive material being non-irritating to the woman and having a readily applicable form, said form being selected from the group consisting of liquid drops, atomized spray, aerosol liquid, powder, gel, and a solid;

wearing said article for a period of time; and

visualizing said pH-sensitive material for a visible change

7. A method for use by a pregnant woman for identifying the premature rupture of a membrane during pregnancy, the method comprising the sequential steps of:

forming an article for wearing substantially adjacent the crotch of the pregnant woman;

wearing said article for a period of time;

applying to said article a pH-sensitive material capable of responding by way of a visible change to the presence of a fluid with a pH in the range of amniotic fluid, said pH-sensitive material being non-irritating to the woman; and

visualizing said pH-sensitive material for a visible change.

13. A system for use by a pregnant woman for identifying the premature rupture of a membrane during pregnancy by detecting the presence of amniotic fluid outside the amnion, the system comprising:

an article for wearing substantially adjacent the crotch of a pregnant woman; and  
a pH-sensitive material capable of responding by way of a visible change to the presence of fluid with a pH in the range of amniotic fluid, said material being applicable by the woman to said article prior to said article being worn, the pH-sensitive material being non-irritating to the woman and having a form selected from the group consisting of liquid drops, an atomized spray, an aerosol liquid, a powder, a gel, and a solid;

whereby the woman visualizes said article after wearing said article to observe a